



SEPTEMBER | 2018

Bark River Harris – Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day No School	4 Muffin String Cheese Stick Strawberry Craisins 100% Juice Milk	5 Oatmeal Chewy Bites Fresh Fruit 100% Juice Milk	6 Muffin String Cheese Stick Raisins 100% Juice Milk	7 Banana- Chocolate Benefit Bar Fruit Cup 100% Juice Milk
10 Cinn. Toast Crunch Pouch Applesauce Cup 100% Juice Milk	11 Muffin String Cheese Stick Strawberry Craisins 100% Juice Milk	12 Cherry Filled Frudel Pastry Fresh Fruit 100% Juice Milk	13 Muffin String Cheese Stick Raisins 100% Juice Milk	14 WG Cinn Swirl Bun Fruit Cup 100% Juice Milk
17 Strawberry WG Pop tart Applesauce Cup 100% Juice Milk	18 Muffin String Cheese Stick Strawberry Craisins 100% Juice Milk	19 Oatmeal Chewy Bites Fresh Apple Slices 100% Juice Milk	20 Muffin String Cheese Stick Raisins 100% Juice Milk	21 Banana- Chocolate Benefit Bar Fruit Cup 100% Juice Milk
24 Cinn. Toast Crunch Pouch Applesauce Cup 100% Juice Milk	25 Muffin String Cheese Stick Strawberry Craisins 100% Juice Milk	26 Cherry Filled Frudel Pastry Fresh Fruit 100% Juice Milk	27 Muffin String Cheese Stick Raisins 100% Juice Milk	28 WG Cinn Swirl Bun Fruit Cup 100% Juice Milk

News

Exciting News!!
All students that are in Kindergarten through 6th grades are able to eat a FREE Healthy Breakfast and Lunch.

Also new this year every student Kindergarten through 6th grade will be eating breakfast in their classroom at the beginning of their day.

All students 7th through 12th grade are still able to fill out the free and reduced lunch forms to qualify for free or reduced breakfast and lunch.